

Aetna Student Health Plan Design and Benefits Summary Open Choice (PPO)

Western University of Health Sciences

Policy Year: 2025–2026 Policy Number: 867932

www.aetnastudenthealth.com

(888) 978-8355





This is a brief description of the Student Health Plan. The plan is available for Western University of Health Sciences students and their eligible dependents. The plan is insured by Aetna Health and Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at https://www.aetnastudenthealth.com. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

Western University of Health Sciences Patient Care Center

Western University of Health Services Patient Care Center (PCC) is the University's on-campus health facility. The PCC provides the ultimate in collaborative, integrated health care while demonstrating WesternU's core value of humanism, science, and caring. The PCC was designed to lead you towards optimum health and wellness. PCC is open Monday-Friday from 8:00 a.m. to 5:00p.m

For more information, call (909) 706-3900 or visit www.westernupcc.com. In the event of an emergency, call 911.

Coverage Periods

Students: Coverage for all insured students enrolled for coverage in the Plan for the following Coverage Periods. Coverage will become effective at 12:01 AM on the Coverage Start Date indicated below and will terminate at 11:59 PM on the Coverage End Date indicated. Enrollment and Waiver deadline date is 30 days from the coverage start dates for all student and dependent groups.

Eligible Dependents: Coverage for dependents eligible under the Plan for the following Coverage Periods. Coverage will become effective at 12:01 AM on the Coverage Start Date and will terminate at 11:59 PM on the Coverage End Date indicated. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the Certificate of Coverage.

Coverage Period	Coverage Start Date	Coverage End Date
MSMS 2026	08/01/2025	07/31/2026
ISAC 2029 - DO, DONW, DPM	08/01/2025	07/31/2026
DPM - AS 2027	08/01/2025	07/31/2026
PIP 2028	08/01/2025	07/31/2026
CGN - Pre-Program Participants	08/01/2025	07/31/2026
All Other Student Groups	08/01/2025	07/31/2026
MSBS, MSHS, MSPS Spring Starts	01/01/2026	07/31/2026
DMD - IDP 2028	02/01/2026	07/31/2026

Rates

The rates below include both premiums for the Plan underwritten by Aetna Life Insurance Company (Aetna).

Undergraduates and Graduate Students

Coverage Dates	Student Only	Spouse	One Child	2 or more Children
MSMS 2026	\$4,860	\$4,860	\$4,860	\$9,720
ISAC 2029 - DO, DONW, DPM	\$4,860	\$4,860	\$4,860	\$9,720
DPM - AS 2027	\$4,860	\$4,860	\$4,860	\$9,720
PIP 2028	\$4,860	\$4,860	\$4,860	\$9,720
CGN - Pre-Program Participants	\$4,860	\$4,860	\$4,860	\$9,720
All Other Student Groups	\$4,860	\$4,860	\$4,860	\$9,720
MSBS, MSHS, MSPS Spring Starts 01/01/26-07/31/26	\$2,824	\$2,824	\$2,824	\$5,648
DMD-IDP 2028 02/01/26-07/31/26	\$2,430	\$2,430	\$2,430	\$4,860

Disclosure: All insurance coverage is subject to applicable state form and rate filing approval and once approved, to the terms of the Master Policy. We have not yet received approval from the state insurance department for the benefits, features and rates described in this document. As part of the approval process, the State may require us to make changes to the benefits, features and/or rates.

Student Coverage

Who is eligible?

You are eligible if you are a:

 Any full-time student who is registered and attending classes at the University is eligible and is automatically enrolled in this plan

You must actively attend classes for at least the first 31 days after the date your coverage becomes effective.

If we find out that you do not meet this eligibility requirement, we are only required to refund any premium contribution minus any claims that we have paid.

Enrollment

Eligible students will be automatically enrolled in this Plan, unless the completed waiver application has been received by the specified waiver deadline date. Enrollment and Waiver deadline date is 30 days from the coverage start dates for all student and dependent groups.

If you withdraw from school within the first 31 days of a coverage period, you will not be covered under the Policy and the full premium will be refunded, less any claims paid. After 31 days, you will be covered for the full period that you have paid the premium for, and no refund will be allowed. (This refund policy will not apply if you withdraw due to a covered Accident or Sickness.)

Dependent Coverage

Eligibility

Covered students may also enroll their lawful spouse, domestic partner (same-sex, opposite sex), and dependent children up to the age of 26.

Enrollment

To enroll the dependent(s) of a covered student, please contact HSA Consulting at (888)-978-8355. Please refer to the Coverage Periods section of this document for coverage dates. Enrollment and Waiver deadline date is 30 days from the coverage start dates for all student and dependent groups. Dependent enrollment applications will not be accepted after the enrollment deadline, unless there is a significant life change that directly affects their insurance coverage. (An example of a significant life change would be loss of health coverage under another health plan.)

Medicare Eligibility Notice

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

Termination and Refunds

Withdrawal from Classes - Leave of Absence

If you withdraw from classes under a school-approved leave of absence, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded.

Withdrawal from Classes – Other than Leave of Absence

- If you withdraw from classes within 31- days after the start date of classes, you will be considered ineligible for coverage. Your coverage will be terminated retroactively, and any premium paid will be refunded.
- If you withdraw from classes more than 31-days after the start date of classes, your coverage will remain in force through the end of the period for which premium payment has been received. No premium will be refunded.
- If you withdraw from classes to enter the armed forces of any country, your coverage will end as of the date of such entry. We will refund your premium, on a pro-rata basis, if you submit a written request within 90 days from the date you withdraw.

In-network Provider Network

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

Precertification

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your innetwork physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. If you do not precertify when required, up to a \$500 penalty for each type of eligible health service that was not precertified. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to www.aetnastudenthealth.com.

Precertification Call

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. You, your physician or the facility must call us within these timelines:

Non-emergency admissions	Call at least 14 days before the date you are scheduled to be admitted.
Emergency admission	Call within 48 hours or as soon as reasonably possible after you have been admitted.
Urgent admission	Call before you are scheduled to be admitted.
Outpatient non-emergency medical services	Call at least 14 days before the care is provided, or the treatment is scheduled

An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.

We will provide a written notification to you and your physician of the precertification decision, where required by state law. If your precertified services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

Coordination of Benefits (COB)

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

Description of Benefits

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to https://www.aetnastudenthealth.com.

This Plan will pay benefits in accordance with any applicable California Insurance Law(s).

	In-network coverage	Out-of-network coverage
Policy year deductibles		
You have to meet your policy	year deductible before this plan pays f	or benefits.
Student	\$250 per policy year	\$500 per policy year
Spouse	\$250 per policy year	\$500 per policy year
Each Child	\$250 per policy year	\$500 per policy year
Family	None	None
Policy year deductible waiver		

The policy year deductible is waived for all of the following eligible health services:

- In-Network Care for Preventive care and wellness and Pediatric Dental Services
- In-Network and Out-of-Network Ambulance, Pediatric Vision Care Services and Supplies, Well Newborn Nursery Care, and Outpatient Prescription Drugs

Individual

This is the amount you owe for in-network and out-of-network eligible health services each policy year before the plan begins to pay for eligible health services. After the amount you pay for eligible health services reaches the policy year deductible, this plan will begin to pay for eligible health services for the rest of the policy year.

year acadecible, this plan will begin	to pay for eligible fleatiff services for the fi	est of the policy year.	
Maximum out-of-pocket limits			
	In-network coverage	Out-of-network coverage	
Student	\$6,350 per policy year	\$10,000 per policy year	
Spouse	\$6,350 per policy year	\$10,000 per policy year	
Each Child	\$6,350 per policy year	\$10,000 per policy year	
Family	\$12,700 per policy year	\$20,000 per policy year	
	In-network coverage	Out-of-network coverage	
Routine physical exams			
Performed at a physician's office	100% (of the negotiated charge) per visit No copayment or policy year	60% (of the recognized charge) per visit	
Maximum age and visit limits per policy year through age 21	deductible applies Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health Resources and Services Administration guidelines for children and adolescents.		
Covered persons age 22 and over: Maximum visits per policy year	1 visit		
Preventive care immunizations			
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	60% (of the recognized charge) per visit	

	In-network coverage	Out-of-network coverage
Maximums	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention	
Routine gynecological exams (include	ling Pap smears and cytology tests)	
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	60% (of the recognized charge) per visit
Subject to any age limits provided for Services Administration.	r in the comprehensive guidelines suppor	ted by the Health Resources and
Preventive screening and counseling	g services	
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Depression, Misuse of alcohol & drugs, Tobacco Products, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	60% (of the recognized charge) per visit
Stress management counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	60% (of the recognized charge) per visit
Chronic condition counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	60% (of the recognized charge) per visit
Routine cancer screenings	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	60% (of the recognized charge) per visit
Maximum:	 Subject to any age; family history; and frequency guidelines as set forth in the most current: Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and The comprehensive guidelines supported by the Health Resources and Services Administration. 	
Lung cancer screening maximums	1 screening every 12 months*	

	In-network coverage	Out-of-network coverage
Prenatal and postpartum care	100% (of the negotiated charge) per	60% (of the recognized charge) per
services -Preventive care services	visit	visit
only (includes participation in the		
California Prenatal Screening	No copayment or policy year	
Program)	deductible applies	
Lactation support and counseling	100% (of the negotiated charge) per	60% (of the recognized charge) per
services	visit	visit
	No copayment or policy year	
	deductible applies	
Breast pump supplies and	100% (of the negotiated charge) per	60% (of the recognized charge) per
accessories	item	item
	No copayment or policy year	
Familianianiana	deductible applies	
Family planning services – contrace		C00/ /-f+h - nnid -hn) n
Contraceptive counseling services office visit	100% (of the negotiated charge) per	60% (of the recognized charge) per
office visit	visit	visit
	No copayment or policy year	
	deductible applies	
Contraceptive prescription drugs	100% (of the negotiated charge) per	60% (of the recognized charge) per
and devices provided,	item	item
administered, or removed, by a		Tem .
provider during an office visit	No copayment or policy year	
provide the same states	deductible applies	
For each 30 day supply or 12		
month supply		
Voluntary sterilization, including	100% (of the negotiated charge)	60% (of the recognized charge)
vasectomy services-Inpatient		
provider services	No copayment or policy year	
	deductible applies	
Voluntary sterilization, including	100% (of the negotiated charge)	60% (of the recognized charge)
vasectomy services-Outpatient		
provider services	No copayment or policy year	
	deductible applies	
The following are not covered unde		
	that are only "reviewed" by the FDA and r	not "approved", "granted" or "cleared"
by the FDA		
Physicians and other health profess	1	¢20 the plan years
Physician, specialist including	\$20 copayment then the plan pays	\$20 copayment then the plan pays
Consultants Office visits (non- surgical/non-preventive care by a	100% (of the balance of the negotiated charge) per visit	60% (of the balance of the recognized charge) per visit
physician and specialist) (includes	negotiated charge) per visit	recognized charge) per visit
telemedicine consultations)		
teremedicine consultations		

	In-network coverage	Out-of-network coverage
Allergy testing and treatment		
Allergy testing performed at a physician or specialist office	80% (of the negotiated charge)	60% (of the recognized charge)
Allergy injections treatment performed at a physician's, or specialist office when you see the physician	80% (of the negotiated charge)	60% (of the recognized charge)
Allergy sera and extracts administered via injection at a physician's or specialist's office	80% (of the negotiated charge)	60% (of the recognized charge)
Physician and specialist surgical serv	rices	
Inpatient surgery performed during your stay in a hospital or birthing center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge)	60% (of the recognized charge)
 A stay in a hospital (Hospital other facility care section) 	rthis benefit: stays are covered in the Eligible health se	rvices and exclusions – Hospital and
	for the administration of a local anesthe	tic
Outpatient surgery performed at a physician's or specialist's office or outpatient department of a hospital or surgery center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
The following are not covered under	this benefit:	
 A stay in a hospital (Hospital other facility care section) A separate facility charge for 	stays are covered in the <i>Eligible health se</i> surgery performed in a physician's office for the administration of a local anesthe	
Walk-in clinic visits (non-emergency visit)	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$20 copayment then the plan pays 60% (of the balance of the recognized charge) per visit
Hospital and other facility care		
Inpatient hospital (room and board) and other miscellaneous services and supplies)	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission
Includes birthing center facility charges		

In-network coverage Out-of-network coverage

The following are not eligible health services:

- All services and supplies provided in:
 - Rest homes
 - Any place considered a person's main residence or providing mainly custodial or rest care
 - Health resorts
 - Spas
 - Schools or camps

Preadmission testing	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Alternatives to hospital stays		
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit

The following are not covered under this benefit:

- A stay in a hospital (See the Hospital care facility charges benefit in this section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Home health Care	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit
Maximum visits per policy year	Unlimited	

The following are not covered under this benefit:

- Funeral arrangements
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:
 - Sitter or companion services for either you or other family members
 - Transportation
- Maintenance of the house

Hospice-Inpatient	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission
Hospice-Outpatient	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit

The following are not covered under this benefit:

- Funeral arrangements
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:
 - Sitter or companion services for either you or other family members
 - Transportation
 - Maintenance of the house

Skilled nursing facility-	80% (of the negotiated charge) per	60% (of the recognized charge) per
Inpatient	admission	admission
Maximum days of	Unlimited	
confinement per policy year		

	In-network coverage	Out-of-network coverage
Emergency room	\$350 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Non-emergency care in an emergency room	Not covered	Not covered

Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate emergency room copayment/coinsurance will apply for each visit to an emergency room. If you
 are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room
 copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the emergency room copayment/coinsurance cannot be applied to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to other covered benefits under the plan cannot be applied to the I emergency room copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the emergency room that are not part of the emergency room benefit. These copayment/coinsurance amounts may be different from the emergency room copayment/coinsurance. They are based on the specific service given to
- Services given to you in the emergency room that are not part of the emergency room benefit may be subject to copayment/coinsurance amounts.

The following are not covered under this benefit:

 Non-emergency services in a hospital emergency room or an independent freestanding emergency department

Urgent care	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$20 copayment then the plan pays 60% (of the balance of the recognized charge) per visit
Non-urgent use of an urgent care provider	Not covered	Not covered

The following is not covered under this benefit:

• Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)

Pediatric dental care (Limited to covered	I norcons through the and of the ma	nth in which the nerson turns ago 10
Pediatric dental care (Limited to covered	i bersons inrough the end of the mo	nth in which the berson turns age 19.

Type A services	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or deductible applies	
Type B services	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Type C services	No copayment or deductible applies 100% (of the negotiated charge) per	50% (of the recognized charge) per
, the cost ties	visit	visit
	No copayment or deductible applies	

	In-network coverage	Out-of-network coverage
Orthodontic services	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
	No copayment or deductible applies	
Dental emergency services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.

Pediatric dental care exclusions:

The following are not covered under this benefit:

- Asynchronous dental treatment
- Cosmetic services and supplies including plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve, alter or enhance appearance, and other substances to protect, clean, whiten, bleach or alter the appearance of teeth
- Crown, inlays and onlays, and veneers unless:
 - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material
 - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants and braces (that are determined not to be medically necessary), mouth guards
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
 - To alter vertical dimension
 - To restore occlusion
 - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the Eligible health services and exclusions Specific conditions section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in this section
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs
- Replacement of a device or appliance that is lost, missing or stolen, and for the replacement of appliances that have been damaged due to abuse, misuse or neglect and for an extra set of dentures
- Replacement of teeth beyond the normal complement of 32
- Services and supplies:
 - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
 - Provided for your personal comfort or convenience or the convenience of another person, including a provider
 - Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons
- Treatment by other than a dental provider

	In-network coverage	Out-of-network coverage
Diabetic services and supplies	Covered according to the type of	Covered according to the type of
(including equipment and training)	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Podiatric (foot care) treatment	Covered according to the type of	Covered according to the type of
Physician and specialist non-	benefit and the place where the	benefit and the place where the
routine foot care treatment	service is received.	service is received.

The following are not covered under this benefit:

- Services and supplies for:
 - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
 - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
 - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies
 - Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

Impacted wisdom teeth	80% (of the negotiated charge)	80% (of the recognized charge)
Accidental injury to sound natural	80% (of the negotiated charge)	80% (of the recognized charge)
teeth		

The following are not covered under this benefit:

- The care, filling, removal or replacement of teeth and treatment of diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants

Temporomandibular joint	Covered according to the type of	Covered according to the type of
dysfunction (TMJ) and	benefit and the place where the	benefit and the place where the
craniomandibular joint dysfunction	service is received.	service is received.
(CMJ) treatment		
The following are not covered unde	r this benefit:	
 Dental implants 		
Blood and body fluid	Covered according to the type of	Covered according to the type of
exposure	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
The following are not covered under this benefit:		
Services and supplies provided for the treatment of an illness that results from your clinical related injury as		
these are covered elsewhere in the student policy		
Clinical Trials		
Routine patient costs	Covered according to the type of	Covered according to the type of
	benefit and the place where the	benefit and the place where the
	service is received.	service is received.

Out-of-network coverage In-network coverage The following are not eligible health services: Services and supplies related to data collection and record-keeping needed only for the clinical trial Services and supplies provided by the trial sponsor for free The experimental intervention itself (except Category B investigational devices and promising experimental or investigational interventions for terminal illnesses in certain clinical trials in accordance with our policies) Dermatological treatment Covered according to the type of Covered according to the type of benefit and the place where the benefit and the place where the service is received. service is received. The following are not covered under this benefit: Cosmetic treatment and procedures Obesity bariatric Surgery and Covered according to the type of Covered according to the type of services benefit and the place where the benefit and the place where the service is received. service is received. Obesity surgery-travel and lodging Maximum benefit payable for \$130 \$130 travel expenses for each round trip three round trips covered (one pre-surgical visit, the surgery and one follow-up visit) Maximum benefit payable for \$130 \$130 travel expenses per companion for each round trip – two round trips covered (the surgery and one follow-up visit) Maximum benefit payable for \$100 per day up to two days \$100 per day up to two days lodging expenses per patient and companion for the pre-surgical and follow-up visits Maximum benefit payable for \$100 per day up to four days \$100 per day up to four days lodging expenses per companion

The following are not covered under this benefit:

for surgery stay

- Weight management treatment or drugs intended to decrease or increase body weight, control weight or
 treat obesity, including morbid obesity except as described above and in the Eligible health services and
 exclusions Preventive care and wellness section, including preventive services for obesity screening and
 weight management interventions. This is regardless of the existence of other medical conditions. Examples
 of these are:
 - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
 - Hypnosis or other forms of therapy
 - Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

	In-network coverage	Out-of-network coverage
Maternity care that is not	Covered according to the type of	Covered according to the type of
considered preventive care	benefit and the place where the	benefit and the place where the
(includes delivery and postpartum	service is received.	service is received.
care services in a hospital or		
birthing center)		
The following are not covered under	this benefit:	
 Any services and supplies rel 	ated to births that take place in the home	e or in any other place not licensed to
perform deliveries		
Well newborn nursery	80% (of the negotiated charge)	60% (of the recognized charge)
care in a hospital or		
birthing center	No policy year deductible applies	No policy year deductible applies
Abortion services (including pre	100% (of the negotiated charge)	100% (of the recognized charge)
abortion and follow-up abortion		
related services)	No policy year deductible applies	No policy year deductible applies
Gender affirming treatment		
Gender affirming treatment,	Covered according to the Behavioral	Covered according to the Behavioral
including surgical, hormone	health section	health section
replacement therapy, and		
counseling treatment		
Behavioral health		
Medically necessary treatment of me	ental health conditions and substance use	disorders are covered under the same
terms and conditions applied to othe	r medical conditions and in accordance w	vith the federal Mental Health Parity
and Addiction Equity Act.		
Mental Health Conditions & Substar	nce Use Disorder Treatment	
Inpatient hospital	80% (of the negotiated charge) per	60% (of the recognized charge) per
(room and board and other	admission	admission
miscellaneous hospital		
services and supplies)		
Outpatient office visits	\$20 copayment then the plan pays	\$20 copayment then the plan pays
(includes telemedicine	100% (of the balance of the	60% (of the balance of the
consultations)	negotiated charge) per visit	recognized charge) per visit
Other outpatient treatment	80% (of the negotiated charge) per	60% (of the recognized charge) per
(includes skilled behavioral health	visit	visit
services in the home)		
Partial hospitalization treatment		
Intensive outpatient program		

	In-network coverage (IOE facility)*	Out-of-network coverage (Includes providers who are otherwise part of Aetna's network but are non-IOE providers)
Transplant services		
Inpatient and outpatient transplant facility services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Inpatient and outpatient transplant physician and specialist services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Transplant services-travel and lodging	Covered	Covered
Lifetime Maximum payable for Travel and Lodging Expenses for any one transplant, including tandem transplants	\$10,000	\$10,000
Maximum payable for Lodging Expenses per IOE patient	\$50 per night	\$50 per night
Maximum payable for Lodging Expenses per companion	\$50 per night	\$50 per night

The following are not covered under this benefit:

- Services and supplies furnished to a donor when the recipient is not a covered person
- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

	In-network coverage	Out-of-network coverage	
Infertility services			
Treatment of basic infertility	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	
Fertility preservation services			
Fertility preservation	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	

In-network coverage Out-of-network coverage

Infertility services exclusions

The following are not covered under the **infertility** services benefit except as described as an eligible health service for fertility preservation:

- All infertility services associated with or in support of an ovulation induction cycle while on medication to stimulate the ovaries. This includes, but is not limited to, imaging, laboratory services, and professional services.
- Intrauterine (IUI)/intracervical insemination (ICI) services.
- Infertility medication. See the *Eligible health services and exclusions-Outpatient prescription drugs* section for information on coverage of infertility prescription drugs
- All charges associated with or in support of surrogacy arrangements for you or the surrogate. A surrogate is a
 female carrying her own genetically related child with the intention of the child being raised by someone
 else, including the biological father.
- Home ovulation prediction kits or home pregnancy tests.
- The purchase of donor embryos, donor eggs or donor sperm.
- Obtaining sperm from a person not covered under this plan.
- Infertility treatment when a successful pregnancy could have been obtained through less costly treatment.
- Infertility treatment when either partner has had voluntary sterilization surgery, with or without surgical reversal, regardless of post reversal results. This includes tubal ligation, hysterectomy and vasectomy only if obtained as a form of voluntary sterilization.
- Infertility treatment when infertility is due to a natural physiologic process such as age related ovarian insufficiency (e.g., perimenopause, menopause) as measured by an unmedicated FSH level at or above 19 on cycle day two or three of your menstrual period [or other abnormal testing results as outlined in Aetna's infertility clinical policy.

Specific therapies and tests		
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Diagnostic lab work performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Diagnostic radiological services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Outpatient Chemotherapy, Radiation & Respiratory Therapy	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

	In-network coverage	Out-of-network coverage
The following are not covered under t	:his benefit:	-
 Drugs that are included on the prescription drug plan Enteral nutrition 	e list of specialty prescription drugs as cov	vered under your outpatient
 Blood transfusions and blood 	products	
Dialysis	620	620
Outpatient physical, occupational,	\$20 copayment then the plan pays	\$20 copayment then the plan pays
speech, and cognitive therapies	100% (of the balance of the	60% (of the balance of the recognized
(including Cardiac and Pulmonary Therapy)	negotiated charge) per visit	charge) per visit
Combined for rehabilitation services		
and habilitation therapy services		
Acupuncture	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
The following are not covered under	this benefit:	
 Acupressure 		
Chiropractic services	\$20 copayment then the plan pays	\$20 copayment then the plan pays
	100% (of the balance of the	60% (of the balance of the
	negotiated charge) per visit	recognized charge) per visit
Maximum visits per policy year	Unlin	nited
Specialty prescription drugs	Covered according to the type of	Covered according to the type of
purchased and injected or infused	benefit or the place where the service	benefit or the place where the
by your provider in an outpatient	is received.	service is received.
setting		
Other services and supplies		
Emergency ground, air, and water	\$350 copayment then the plan pays	Paid the same in-network coverage
ambulance (includes non-	100% (of the balance of the	
emergency ambulance)	negotiated charge) per trip	
	No policy year deductible applies	
The following are not covered under	this benefit:	
 Ambulance services for routir 	ne transportation to receive outpatient or	inpatient care
Durable medical and surgical	80% (of the negotiated charge) per	60% (of the recognized charge) per
equipment	item	item
The following are not covered under	this benefit:	

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

	In-network coverage	Out-of-network coverage
Nutritional support	Covered according to the type of	Covered according to the type of
	benefit or the place where the service	benefit or the place where the
	is received.	service is received.

The following are not covered under this benefit:

• Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition

Cochlear implants	ochlear implants 80% (of the negotiated charge) per	
	item	item
Prosthetic devices including contact	80% (of the negotiated charge) per	60% (of the recognized charge) per
lenses for aniridia & Orthotics	item	item

The following are not covered under this benefit:

- Services covered under any other benefit
- Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for
 the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a
 covered leg brace
- Trusses, corsets, and other support items
- Repair and replacement due to loss or misuse
- Communication aids

Hearing Aid Exams		
Hearing exam	100% (of the negotiated charge) per	\$20 copayment then the plan pays
	visit	60% (of the balance of the recognized
		charge) per visit
	No policy year deductible applies	

The following are not covered under this benefit:

• Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay

' '		
Pediatric vision care (Limited to covered persons through the end of the month in which the person turns age 19)		
Performed by a legally qualified	100% (of the negotiated charge) per	60% (of the recognized charge) per
ophthalmologist or optometrist	visit	visit
(includes comprehensive low vision		
evaluations)	No policy year deductible applies	No policy year deductible applies
Low vision Maximum	One comprehensive low vision	n evaluation every five years
Fitting of contact Maximum	1 v	isit
Pediatric vision care services &	100% (of the negotiated charge) per	60% (of the recognized charge) per
supplies-Eyeglass frames,	item	item
prescription lenses or prescription		
contact lenses	No policy year deductible applies	No policy year deductible applies
Maximum number Per year:		
Eyeglass frames	One set of eyeglass frames	
Prescription lenses	One pair of prescription lenses	
Contact lenses (includes non-	Daily disposables: up to 1 year supply	
conventional prescription contact	Extended wear disposable: up to 1 year supply	
lenses & aphakic lenses prescribed	Non-disposable lenses: 1 year supply	
after cataract surgery)		
Optical devices	Covered according to the type of	Covered according to the type of
	benefit and the place where the	benefit and the place where the
	service is received.	service is received.

	In-network coverage	Out-of-network coverage
Maximum number of optical devices	One optical device	
per policy year		

*Important note: Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies. As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.

The following are not covered under this benefit:

• Eveglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

Eyeglass traines, non prescription lenses and non prescription contact lenses that are for cosmetic purposes		
Adult vision care Limited to covered persons age 19 and over		
Adult routine vision exams (including refraction) Performed by a legally qualified ophthalmologist or therapeutic optometrist, or any other providers acting within the scope of their license Includes fitting of prescription contact lenses	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$20 copayment then the plan pays 60% (of the balance of the recognized charge) per visit
Maximum visits per policy year	1 v	risit

The following are not covered under this benefit:

Adult vision care

- Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses
- Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes Adult vision care services and supplies
- Special supplies such as non-prescription sunglasses
- Special vision procedures, such as orthoptics or vision therapy
- Eye exams during your stay in a hospital or other facility for health care
- Eye exams for contact lenses or their fitting
- Eyeglasses or duplicate or spare eyeglasses or lenses or frames
- Replacement of lenses or frames that are lost or stolen or broken
- Acuity tests
- Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures
- Services to treat errors of refraction

Outpatient prescription drugs

Policy year deductible and copayment/coinsurance waiver for risk reducing breast cancer

The policy year deductible and the per prescription copayment/coinsurance will not apply to risk reducing breast cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

Outpatient prescription drug policy year deductible and copayment waiver for tobacco cessation prescription and over-the-counter drugs

The prescription drug copayment will not apply to treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

Outpatient prescription drug copayment waiver for contraceptives

The outpatient prescription drug prescription drug copayment will not apply to female contraceptive methods when obtained at an in-network pharmacy.

This means that such contraceptive methods are paid at 100% for:

- All FDA approved contraceptive prescription drugs and devices, including over-the-counter (OTC)
 contraceptive prescription drugs and devices. Related services and supplies needed to administer covered
 devices will also be paid at 100%.
- A therapeutic equivalent prescription drug or device when a prescription drug or device is not available or is deemed medically inadvisable by your provider when you are granted a medical exception.

The certificate of coverage explains how to get a medical exception.

	In-network coverage	Out-of-network coverage	
Generic prescription drugs	Generic prescription drugs		
Your cost-share may not exceed \$25	50 for each 30 day supply of an individual	prescription. This does not include any	
policy year deductible.			
For each fill up to a 30 day supply	\$25 copayment per supply then the	\$25 copayment per supply then the	
filled at a retail pharmacy	plan pays 100% (of the balance of the	plan pays 100% (of the balance of the	
	negotiated charge)	recognized charge)	
	No policy year deductible applies	No policy year deductible applies	
Preferred brand-name prescription	_		
Your cost-share may not exceed \$25	50 for each 30 day supply of an individual	prescription. This does not include any	
policy year deductible			
For each fill up to a 30 day supply	\$50 copayment per supply then the	\$50 copayment per supply then the	
filled at a retail pharmacy	plan pays 100% (of the balance of the	plan pays 100% (of the balance of the	
	negotiated charge)	recognized charge)	
	No policy year deductible applies	No policy year deductible applies	
Non-preferred brand-name prescrip	tion drugs		
	50 for each 30 day supply of an individual	prescription. This does not include any	
policy year deductible	,		
For each fill up to a 30 day supply	\$75 copayment per supply then the	\$75 copayment per supply then the	
filled at a retail pharmacy	plan pays 100% (of the balance of the	plan pays 100% (of the balance of the	
	negotiated charge)	recognized charge)	
	No policy year deductible applies	No policy year deductible applies	

pecialty prescription drugs our cost-share may not exceed \$250 olicy year deductible or each fill up to a 30 day supply		
olicy year deductible		
	for each 30 day supply of an individual	prescription. This does not include any
or each fill up to a 30 day supply		
	\$100 copayment per supply	Not Covered
lled at a specialty pharmacy or a		
etail pharmacy	No policy year deductible applies	
Piabetic insulin important note:		
our cost share will not exceed \$25 pe	er 30 day supply of a covered preferred p	prescription insulin drug filled at an in-
etwork pharmacy.		
contraceptives (birth control)		
or each fill up to a 12 month supply	100% (of the negotiated charge)	100% (of the recognized charge)
f generic and OTC drugs and		
evices filled at a retail pharmacy	No policy year deductible applies	No policy year deductible applies
or each fill up to a 12 month supply	Paid according to the type of drug	Paid according to the type of drug per
f brand name prescription drugs nd devices filled at a retail	per the schedule of benefits, above	the schedule of benefits, above
harmacy	A brand name contraceptive is 100%	A brand name contraceptive is 100%
,	(of the negotiated charge), No policy	(of the recognized charge), No policy
	year deductible if there are no	year deductible if there are no generic
	generic therapeutic equivalents.	therapeutic equivalents.
Contraceptive important note:		
he prescription drug cost share will n	ot apply to contraceptive methods whe	n obtained at a network pharmacy.
his means they will be paid at 100%.	This includes over-the-counter (OTC) co	ntraceptive prescription drugs and
evices for each of the methods ident	ified by the FDA. If a prescription drug is	not available or inadvisable by your
rovider, the therapeutic equivalent p	rescription drug for that method will be	paid at 100%.
	pply to prescription drugs that have a ge	·
·	rmacy unless you receive a medical exce	·
roup of drugs or medications that ha ame or similar disease or injury.	ve a similar or identical mode of action o	or are used for the treatment of the

You can fill up to a 12 month supply at one time.

Anti-cancer drugs taken by mouth- For each fill up to a 30 day supply	100% (of the negotiated charge)	100% (of the recognized charge)
	No policy year deductible applies	No policy year deductible applies
Preventive care drugs and supplements filled at a retail pharmacy	100% (of the negotiated charge per prescription or refill	Paid according to the type of drug per the schedule of benefits, above
	No copayment or policy year	
For each 30 day supply	deductible applies	
Risk reducing breast cancer prescription drugs filled at a pharmacy	100% (of the negotiated charge) per prescription or refill	Paid according to the type of drug per the schedule of benefits, above
	No copayment or policy year	
For each 30 day supply	deductible applies	

	In-network coverage	Out-of-network coverage
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and	
	frequency guidelines in the recommer	ndations of the United States Preventive
	Services ⁻	Гask Force.
Tobacco cessation prescription and over-the-counter drugs (Preventive care)-Tobacco cessation	100% (of the negotiated charge per prescription or refill	Paid according to the type of drug per the schedule of benefits, above
prescription drugs and OTC drugs filled at a pharmacy	No copayment or policy year deductible applies	
For each 30 day supply		
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.	

Outpatient prescription drug exclusions

The following are not eligible health services:

- Compounded prescriptions containing bulk chemicals not approved by the FDA including compounded bioidentical hormones
- Cosmetic drugs including medication and preparations used for cosmetic purposes, except as medically necessary for gender affirming treatment
- Devices, products and appliances unless listed as an eligible health service
- Drugs or medications:
 - Administered or entirely consumed at the time and place they are prescribed or provided
 - Which do not require a prescription by law, even if a prescription is written, unless we have approved a
 medical exception or unless it is for the coverage of an FDA approved, FDA granted or FDA cleared OTC
 contraceptive drug, device or other product.
 - Not approved by the FDA or not proven safe or effective
 - Provided under your medical plan while inpatient at a healthcare facility
 - Recently approved by the FDA but not reviewed by our Pharmacy and Therapeutics Committee, unless we have approved a medical exception
 - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
 - That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature, unless there is evidence that the covered person meets one or more clinical criteria detailed in our [precertification] and clinical policies or except as provided under the *Eligible health services and* exclusions - Gender affirming treatment section
- Duplicative drug therapy; for example, two antihistamines for the same condition
- Genetic care including:
 - Any treatment, device, drug, service or supply to alter the body's genes, genetic makeup or the
 expression of the body's genes unless listed as an eligible health service
- Immunizations related to travel or work
- Immunization or immunological agents except as specifically stated in the schedule of benefits or the certificate
- Implantable drugs and associated devices except for:
 - Implantable drugs and associated devices used to treat mental health conditions or substance use disorders or as specifically stated in the schedule of benefits or the certificate
 - Implantable infusion pumps to treat diabetes
 - Contraceptive implants
- Infertility:
 - Prescription drugs used primarily for the treatment of infertility
- Injectables including:
 - Any charges for the administration or injection of prescription drugs
 - Needles and syringes except for those used for insulin administration
 - Any drug which, due to its characteristics, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting [with the exception of Depo Provera and other injectable drugs for contraception]
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
 - That are ordered by a dentist or prescribed by an oral surgeon in relation to the removal of teeth or prescription drugs for the treatment of a dental condition
 - That are considered oral dental preparations and fluoride rinses except pediatric fluoride tablets or drops as specified on the plan's drug guide

- That are used for the purpose of improving visual acuity or field of vision
- That are being used or abused in a manner that is determined to be furthering an addiction to a habitforming substance, or drugs obtained for use by anyone other than the person identified on the ID card
- Replacement of lost or stolen prescriptions
- · Test agents except diabetic test agents
- A manufacturer's product when a therapeutic equivalent drug, supply or equipment as defined by the FDA, is on the plan's drug guide, except when medically necessary
- Any dosage or form of a drug when the same drug is available in a different dosage or form on the plan's drug
 guide, except for FDA approved contraceptive drugs, devices and products. or when a different dosage or
 form is medically necessary.

Outpatient prescription drugs important note:

If a provider prescribes a covered brand-name prescription drug when a generic equivalent is available and not covered by the plan, you will pay the generic price for the brand name drug. If a provider prescribes a covered brand-name prescription drug when a generic prescription drug equivalent is available and covered by the plan, you will pay the cost share for the generic drug if the brand is medically necessary. If the brand-name prescription drug is not medically necessary, you will be responsible for the cost share that applies to the brand-name drug.

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

Out of Country claims

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the Out-of-network level of benefits.

General Exclusions

Armed forces

• Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium.

Beyond legal authority

 Services and supplies provided by a health professional or other provider that is acting beyond the scope of its legal authority

Clinical trial therapies (experimental or investigational)

Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the
 Eligible health services and exclusions- Clinical trial therapies (experimental or investigational) section in the
 certificate

Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

Cosmetic services and plastic surgery

 Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible. (Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.)
- Coverage that may be provided under the Eligible health services and exclusions Gender affirming treatment section.

Court-ordered services and supplies

Court-ordered testing or care unless medically necessary

Custodial care

Services and supplies meant to help you with activities of daily living or other personal needs.

Examples of these are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training

This exclusion does not apply to:

- Medically necessary treatment of mental health disorders and substance use disorders
- Assistance with activities of daily living that are provided as part of eligible health services under Hospice care when given as part of a home health care program, hospice care program, inpatient skilled nursing facility care or inpatient hospital care

Dental care for adults

Dental services for adults including services related to:

- The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants except when part of an approved treatment plan for an eligible health service described in the *Eligible health services and exclusions Reconstructive surgery and supplies* section.

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

Educational services

Examples of these services that are non-medical and are not medically necessary to treat mental health conditions or substance use disorders are:

- Any service or supply for education, training or retraining services or testing, except where described in the
 Eligible health services and exclusions Diabetic services and supplies (including equipment and training)
 section. This includes:
 - Special education
 - Remedial education
 - Job training
 - Job hardening programs

Educational services, schooling or any such related or similar program

Examinations

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

Experimental, investigational, or unproven

• Experimental, investigational, or unproven drugs, devices, treatments or procedures unless otherwise covered under clinical trials

Gene-based, cellular and other innovative therapies (GCIT)

Genetic care

• Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects

Growth/Height care

- A treatment, device, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures and devices to stimulate growth

This exclusion does not apply to gender affirming treatment or bone growth stimulation devices.

Hearing aids

Any tests, appliances and devices to:

- Improve your hearing
- Enhance other forms of communication to make up for hearing loss or devices that simulate speech

Incidental surgeries

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

Medical supplies – outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
 - Sheaths
 - Bags
 - Elastic garments
 - Support hose
 - Bandages
 - Bedpans
 - Splints
 - Neck braces
 - Compresses
 - Other devices not intended for reuse by another patient

This exclusion does not apply to disposable supplies that must be covered as or in connection with durable medical equipment, hospice care, ostomy and urological supplies, and outpatient prescription drugs

Other primary payer

Payment for a portion of the charge that Medicare or another party pays for as the primary payer

Personal care, comfort or convenience items

Any service or supply primarily for your convenience and personal comfort or that of a third party

Private duty nursing

School health services

- Services and supplies normally provided without charge by the policyholder's:
 - School health services
 - Infirmary
 - Hospital
 - Pharmacy or

by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by the policyholder.

Services not permitted by law

• Some laws restrict the range of health care services a **provider** may perform under certain circumstances or in a particular state. When this happens, the services are not covered by the plan.

Services provided by a family member

• Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

Sinus surgery

 Any services or supplies given by providers for non-medically necessary sinus surgery except for acute purulent sinusitis

Strength and performance

- Services, devices and supplies that are not medically necessary, such as drugs or preparations designed primarily for enhancing your:
 - Strength
 - Physical condition
 - Endurance
 - Physical performance

Students in mental health field

- Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field
- This exclusion does not apply to services to treat a mental health condition or substance use disorder

Therapies and tests

- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

The Western University of Health Sciences Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student HealthSM is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

Sanctioned Countries

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

Nondiscrimination Notice

Aetna does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, have questions about our non-discrimination policy, or have a discrimination-related concern that you would like to discuss, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with our Civil Rights Coordinator at:

- Address: P.O. Box 14462, Lexington, KY 40512 (HMO customers: P.O. Box 24030 Fresno, CA 93779)
- Email: CRCoordinator@aetna.com

Please visit https://www.aetna.com/individuals-families/member-rights-resources/complaints-grievances-appeals.html#california for information about how to file a complaint or grievance with the California Department of Insurance or California Department of Managed Health Care (for HMO enrollees).

You can also file a discrimination complaint with the United States Department of Health and Human Services Office for Civil Rights if there is a concern of discrimination based on race, color, national origin, age, disability, or sex by following the instructions on the Department's website: https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html

TTY: **711**

English	To access language services at no cost to you, call the number on your ID card.
Amharic	የቋንቋ አንልግሎቶችን ያለክፍያ ለማግኘት፣ በመታወቂያዎት ላይ ያለውን ቁጥር ይደውሉ፡፡
Arabic	للحصول على الخدمات اللغوية دون أي تكلفة، الرجاء الاتصال على الرقم الموجود على بطاقة اشتراكك
Armenian	Ձեր նախընտրած լեզվով ավվճար խորհրդատվություն՝ ստանալու համար զանգահարեք ձեր բժշկական ապահովագրության քարտի վրա նշված հէրախոսահամարով հէրախոսահամարով
Carolinian (Kapasal Falawasch)	Ngir mëna am sarwis lakk yi te doo fay, woo nimero bi am ci sa kàrt.
Chamorro	Para un hago' i setbision lengguåhi ni dibåtde para hågu, ågang i numiru gi iyo-mu kard aidentifikasion.
Chinese Traditional	如欲使用免費語言服務,請撥打您健康保險卡上所列的電話號碼
Cushitic-Oromo	Tajaajiiloota afaanii gatii bilisaa ati argaachuuf, lakkoofsa fuula waraaqaa eenyummaa (ID) kee irraa jiruun bilbili.
French	Pour accéder gratuitement aux services linguistiques, veuillez composer le numéro indiqué sur votre carte d'assurance santé.
French Creole	Pou ou jwenn sèvis gratis nan lang ou, rele nimewo telefòn ki sou kat idantifikasyon asirans sante ou.
German	Um auf den für Sie kostenlosen Sprachservice auf Deutsch zuzugreifen, rufen Sie die Nummer auf Ihrer ID-Karte an.
Greek	Για πρόσβαση στις υπηρεσίες γλώσσας χωρίς χρέωση, καλέστε τον αριθμό στην κάρτα ασφάλισής σας.
Gujarati	તમારે કોઇ પણ જાતના ખર્ચ વિના ભાષા સેવાઓ મેળવવા માટે, તમારા આઇડી કાર્ડ પર રહેલ નંબર પર કૉલ કરવો.
Hindi	बिना किसी कीमत के भाषा सेवाओं का उपयोग करने के लिए, अपने आईडी कार्ड पर दिए नंबर पर कॉल करें।
Hmong	Yuav kom tau kev pab txhais lus tsis muaj nqi them rau koj, hu tus naj npawb ntawm koj daim npav ID.
Italian	Per accedere ai servizi linguistici senza alcun costo per lei, chiami il numero sulla tessera identificativa.
Japanese	無料の言語サービスは、IDカードにある番号にお電話ください。
Karen	vXw>urRM>usdmw>rRpXRtw>zH;w>rRwz. vXwtd.'D;tyShRvXeub.[h.tDRt*D> <ud;b.vdwjpded.*h>vXttd.vXecd.*DR A (ID)</ud;b.vdwjpded.*h>
Korean	무료 다국어 서비스를 이용하려면 보험 ID 카드에 수록된 번호로 전화해 주십시오.
Laotian	ເພື່ອເຂົ້າເຖິງບໍລິການພາສາທີ່ບໍ່ເສຍຄ່າ, ໃຫ້ໂທຫາເບີໂທຢູ່ໃນບັດປະຈຳຕົວຂອງທ່ານ.
Mon-Khmer, Cambodian	ដើម្បីទទួលបានសេវាកម្មភាសាដែលឥតគិតថ្លៃសម្រាប់លោកអ្នក សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្គាល់ខ្លួនរបស់លោកអ្នក។
Navajo	T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[doo b33h 7l7n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'.
Pennsylvanian-	Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.
Persian-Farsi	برای دسترسی به خدمات زبان به طور رایگان، با شماره قید شده روی کارت شناسایی خود تماس بگیرید.
Polish	Aby uzyskać dostęp do bezpłatnych usług językowych, należy zadzwonić pod numer podany na karcie identyfikacyjnej.
Portuguese	Para aceder aos serviços linguísticos gratuitamente, ligue para o número indicado no seu cartão de identificação.
Punjabi	ਤੁਹਾਡੇ ਲਈ ਬਿਨਾਂ ਕਿਸੇ ਕੀਮਤ ਵਾਲੀਆਂ ਪੰਜਾਬੀ ਸੇਵਾਵਾਂ ਦੀ ਵਰਤੋਂ ਕਰਨ ਲਈ, ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ 'ਤੇ ਦਿੱਤੇ ਨੰਬਰ 'ਤੇ ਫ਼ੋਨ ਕਰੋ।
Russian	Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону, приведенному на вашей идентификационной карте.
Samoan	Mō le mauaina o 'au'aunaga tau gagana e aunoa ma se totogi, vala'au le numera i luga o lau pepa ID.

Serbo-Croatian	Za besplatne prevodilačke usluge pozovite broj naveden na Vašoj identifikacionoj kartici.
Spanish	Para acceder a los servicios lingüísticos sin costo alguno, llame al número que figura en su tarjeta de identificación.
Syriac-Assyrian	رفعمني حهن خوبه عند حتيت منبحث منبحث خريت حلته المباه على عند مهت حقبه حرد.
Tagalog	Upang ma-access ang mga serbisyo sa wika nang walang bayad, tawagan ang numero sa iyong ID card.
Thai	หากท่านต้องการเข้าถึงการบริการทางด้านภาษาโดยไม่มีค่าใช้จ่าย โปรดโทรหมายเลขที่แสดงอยู่บนบัตรประจำตัวของท่าน
Ukrainian	Щоб безкоштовнј отримати мовні послуги, задзвоніть за номером, вказаним на вашій ідентифікайній картці.
Vietnamese	Để sử dụng các dịch vụ ngôn ngữ miễn phí, vui lòng gọi số điện thoại ghi trên thẻ ID của quý vị.