

# Aetna Student Health Plan Design and Benefits Summary Preferred Provider Organization (PPO)

# **New York College of Podiatric Medicine**

Policy Year: 2025 – 2026 Policy Number: 187197



https://www.aetnastudenthealth.com (866) 381-1529



This is a brief description of the Student Health Plan. The plan is available for New York College of Podiatric Medicine students. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at <a href="https://www.aetnastudenthealth.com/nycpm">www.aetnastudenthealth.com/nycpm</a>. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

#### Who is eligible?

All students are required to enroll in the New York College of Podiatric Medicine Sponsored Student Health Insurance Plan unless a waiver is submitted and approved. Enrollment and the insurance charge can be waived if proof of other health insurance is provided by submitting an online waiver.

# **Coverage Dates and Rates**

Coverage for all insured students will become effective at 12:01 AM on the Coverage Start Date and will terminate at 11:59 PM on the Coverage End Date indicated below.

Coverage Start Date Coverage End Date	Annual 07/01/2025 06/30/2026
Student Medical Premium	\$8,098

#### **Enrollment**

The enrollment and waiver process is administered by **HSA Consulting, Inc. (HSAC)**, New York College of Podiatric Medicine student insurance plan. To enroll in the New York College of Podiatric Medicine student insurance plan, or if you have any questions regarding the enrollment or waiver process, contact **HSAC** at **1-888-978-8355**, or visit <a href="https://app.hsac.com/nycpm">https://app.hsac.com/nycpm</a>.

If you withdraw from school within the first 31 days of a coverage period, you will not be covered under the Policy and the full premium will be refunded, less any claims paid. After 31 days, you will be covered for the full period that you have paid the premium for, and no refund will be allowed. (This refund policy will not apply if you withdraw due to a covered Accident or Sickness.)

#### **Medicare Eligibility Notice**

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

# **Participating Providers**

Aetna Student Health offers Aetna's broad network of Participating Providers. You can save money by seeing Participating Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better when You receive benefits from a Participating Provider, and some benefits under the Plan may only be covered when received from a Participating Provider.

If you need care that is covered under the Plan but not available from a Participating Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a preapproval for you to receive the care from a Non-Participating Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for Participating Providers.

#### **Preauthorization**

Some services must be preauthorized by Aetna beforehand if you want the Plan to cover them. Participating Providers are responsible for requesting preauthorization for their services.

You are responsible for requesting preauthorization if you seek care from a Non-Participating Provider for any of the services listed in the Schedule of Benefits section of the Certificate. Preauthorization is not required for Participating facilities certified by the New York office of alcoholism and substance abuse services.

If you want the Plan to cover a service from a Non-Participating Provider that requires preauthorization, you must call Aetna at the number on your ID card. After Aetna receives a request for preauthorization, we will review the reasons for your planned treatment and determine if benefits are available.

# You must contact Aetna to request preauthorization as follows:

- At least two (2) weeks prior to a planned admission or surgery when your provider recommends inpatient hospitalization. If that is not possible, then as soon as reasonably possible during regular business hours prior to the admission.
- At least two (2) weeks prior to ambulatory surgery or any ambulatory care procedure when your provider recommends the surgery or procedure be performed in an ambulatory surgical unit of a hospital or in an ambulatory surgical center.
- Within the first three (3) months of a pregnancy, or as soon as reasonably possible and again within 48 hours after the actual delivery date if your hospital stay is expected to extend beyond 48 hours for a vaginal birth or 96 hours for cesarean birth.
- Before air ambulance services are rendered for a non-emergency condition.

#### You must also contact Aetna to provide notification after the fact as follows:

- As soon as reasonably possible when air ambulance services are rendered for an emergency condition.
- If you are hospitalized in cases of an emergency condition, you must call Aetna within 48 hours after your admission or as soon thereafter as reasonably possible.

# **Description of Benefits**

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to https://www.aetnastudenthealth.com/nycpm.

All coverage is based on the Allowed Amount.

"Allowed Amount" means the maximum amount Aetna will pay for the services or supplies covered under the certificate, before any applicable Copayment, Deductible and Coinsurance amounts are subtracted.

- The Allowed Amount for Participating Providers is the amount we have negotiated with the Participating Provider.
- The Allowed Amount for Non-Participating Facilities is 140% of the Medicare rate.
- The Allowed Amount for all other providers is 105% of the Medicare rate.

Our Allowed Amount is <u>not</u> based on the "usual, customary and reasonable charge." If a Non-Participating Provider's actual charge is more than the Allowed Amount, you are responsible for the difference. Call us at the number on your ID card or visit <u>https://www.aetnastudenthealth.com/nycpm</u> for information on your financial responsibility when you receive services from a Non-Participating Provider.

This Plan will pay benefits in accordance with any applicable **New York** Insurance Law(s).

COST-SHARING	Participating Provider  Member Responsibility for Cost- Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	
Medical Deductible			
<ul><li>Individual</li></ul>	\$250	\$500	
Out-of-Pocket Limit			
<ul><li>Individual</li></ul>	\$6,350	\$6,350	
		See the Cost-Sharing Expenses and Allowed Amount section of this Certificate for a description of how We calculate the Allowed Amount.	
		Any charges of a Non-Participating Provider that are in excess of the Allowed Amount do not apply towards the Deductible or Out-of-Pocket Limit. You must pay the amount of the Non-Participating Provider's charge that exceeds Our Allowed Amount.	

OFFICE VISITS	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Primary Care Office Visits (or Home Visits)	\$30 Copayment then You pay 0% Coinsurance	30% Coinsurance after Deductible	See benefit for description
0 11 000 10 1	Not subject to Deductible	2004 5 1 6 5 1 411 1	
Specialist Office Visits (or Home Visits)	\$30 Copayment then You pay 0% Coinsurance	30% Coinsurance after Deductible	See benefit for description
	Not subject to Deductible		
PREVENTIVE CARE	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Well Child Visits and Immunizations*	Covered in full	30% Coinsurance after Deductible	See benefit for
Adult Annual Physical Examinations*	Covered in full	30% Coinsurance after Deductible	description
Adult Immunizations*	Covered in full	30% Coinsurance after Deductible	
Routine Gynecological Services/Well Woman Exams*	Covered in full	30% Coinsurance after Deductible	
Mammograms, Screening and Diagnostic Imaging for the Detection of Breast Cancer	Covered in full	30% Coinsurance after Deductible	
Sterilization Procedures for Women *	Covered in full	30% Coinsurance after Deductible	
Vasectomy	Covered in full	30% Coinsurance after Deductible	
We do not Cover services related	to the reversal of elective sterilizatio	ns.	
Bone Density Testing*	Covered in full	30% Coinsurance after Deductible	
Prostate Cancer Screening	Covered in full	30% Coinsurance after Deductible	
Screening for Colon Cancer	Covered in full	30% Coinsurance after Deductible	
All other preventive services required by USPSTF and HRSA.	Covered in full	30% Coinsurance after Deductible	
*When preventive services are not provided in accordance with the comprehensive guidelines supported by United States Preventive Services Task Force (USPSTF) and Health Resources and Services Administration (HRSA).	Use Cost Sharing for Appropriate se Specialist Office Visit; Diagnostic Rad Procedures & Diagnostic Testing)		

EMERGENCY CARE	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Emergency Ambulance Transportation (Pre-Hospital Emergency Medical Services and Emergency Transportation including Air Ambulance Services)	0% Coinsurance Not subject to Deductible	Paid the same as Participating Provider	See benefit for description
Non-Emergency Ambulance Services (Ground and Air Ambulance)	0% Coinsurance Not subject to Deductible	0% Coinsurance Not subject to Deductible	See benefit for description

# **Limitations/Terms of Coverage:**

- We do not Cover travel or transportation expenses, unless connected to an Emergency Condition or due to a Facility transfer approved by Us, even though prescribed by a Physician.
- We do not Cover non-ambulance transportation such as ambulette, van or taxi cab.
- Coverage for air ambulance related to an Emergency Condition or air ambulance related to non-emergency transportation is provided when Your medical condition is such that transportation by land ambulance is not appropriate; and Your medical condition requires immediate and rapid ambulance transportation that cannot be provided by land ambulance; and one (1) of the following is met:
  - o The point of pick-up is inaccessible by land vehicle; or
  - o Great distances or other obstacles (e.g., heavy traffic) prevent Your timely transfer to the nearest Hospital with appropriate facilities.

Emergency Department  Copayment /Coinsurance  waived if admitted to Hospital.	\$150 Copayment then You pay 0% Coinsurance  Not subject to Deductible Health care forensic examinations performed under Public Health Law § 2805-I are not subject to Cost-Sharing	Paid the same as Participating Provider	See benefit for description
We do not Cover follow-up care	or routine care provided in a Hospital	emergency department.	
Urgent Care Center	\$35 Copayment then You pay 0% Coinsurance Not subject to Deductible	30% Coinsurance after Deductible	See benefit for description

PROFESSIONAL SERVICES AND OUTPATIENT CARE	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Acupuncture	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul><li>Advanced Imaging Services</li><li>Performed in a Specialist Office</li></ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Performed in a Freestanding Radiology Facility	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
Allergy Testing & Treatment  • Performed in a PCP Office	\$30 Copayment then You pay 0% Coinsurance Not Subject to Deductible	30% Coinsurance after Deductible	See benefit for description
<ul> <li>Performed in a Specialist Office</li> </ul>	\$30 Copayment then You pay 0% Coinsurance Not Subject to Deductible	30% Coinsurance after Deductible	
Ambulatory Surgical Center Facility Fee	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Anesthesia Services (all settings)	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
Cardiac & Pulmonary Rehabilitation • Performed in a Specialist Office	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefits for description
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed as Inpatient Hospital Services</li> </ul>	Included as Part of Inpatient Hospital Service Cost-Sharing	Included as Part of Inpatient Hospital Service Cost-Sharing	
Chemotherapy  • Performed in a PCP Office	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
<ul> <li>Performed in a Specialist Office</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	Gescription
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	

PROFESSIONAL SERVICES AND OUTPATIENT CARE (continued)	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Chiropractic Services	\$30 Copayment then You pay 0% Coinsurance	30% Coinsurance after Deductible	See benefit for description
	Not subject to Deductible		
Clinical Trials	Use Cost-Sharing for appropriate service	Use Cost-Sharing for appropriate service	See benefit for description
	of managing the research; or costs th	costs of non-health services required at would not be covered under this Co	
Diagnostic Testing • Performed in a PCP Office	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
<ul> <li>Performed in a Specialist Office</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	·
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
Dialysis			See
Performed in a PCP Office	0% Coinsurance after Deductible	30% Coinsurance after Deductible	benefit for description
<ul> <li>Performed in a Specialist Office</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed in a Freestanding Center</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
Habilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy)			Unlimited visits per plan year
Performed in a PCP Office	\$30 Copayment then You pay 0% Not subject to Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed in a Specialist Office</li> </ul>	\$30 Copayment then You pay 0% Not subject to Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed in an Outpatient Facility</li> </ul>	\$30 Copayment then You pay 0% Not subject to Deductible	30% Coinsurance after Deductible	

PROFESSIONAL SERVICES AND OUTPATIENT CARE (continued)	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Home Health Care	0% Coinsurance after Deductible	25% Coinsurance after Deductible	60 visits per plan year
Infertility Services	Use Cost Sharing for appropriate ser Radiology Services; Surgery; Laborat		See benefit for description

#### We do not Cover:

- In vitro fertilization;
- Gamete intrafallopian tube transfers or zygote intrafallopian tube transfers;
- Costs associated with an ovum or sperm donor including the donor's medical expenses;
- Cryopreservation and storage of sperm and ova except when performed as fertility preservation services;
- Cryopreservation and storage of embryos;
- Ovulation predictor kits;
- Reversal of tubal ligations;
- Reversal of vasectomies;
- Costs for and services relating to surrogate motherhood that are not otherwise Covered Services under this Certificate;
- Cloning; or
- Medical and surgical procedures that are experimental or investigational unless Our denial is overturned by an External Appeal Agent.

Infusion Therapy • Performed in a PCP Office	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for
			description
<ul> <li>Performed in Specialist Office</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
Home Infusion Therapy	0% Coinsurance after Deductible	30% Coinsurance after Deductible	Home infusion counts towards home health care visit limits
Inpatient Medical Visits	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Interruption of Pregnancy			See benefit for
Abortion services	Covered in full	30% Coinsurance after Deductible	description

PROFESSIONAL SERVICES AND OUTPATIENT CARE (continued)	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Laboratory Procedures			See benefit for
Performed in a PCP Office	0% Coinsurance after Deductible	30% Coinsurance after Deductible	Description
<ul> <li>Performed in a Specialist Office</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed in a Freestanding Laboratory Facility</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Maternity &amp; Newborn Care</li> <li>Prenatal Care</li> <li>Prenatal Care provided in accordance with the comprehensive guidelines supported by United States         Preventive Services Task Force (USPSTF) and Health Resources and Services Administration (HRSA)     </li> </ul>	Covered in Full	30% Coinsurance after Deductible	See benefit for Description
<ul> <li>Prenatal Care that is not provided in accordance with the comprehensive guidelines supported by United States Preventive Services Task Force (USPSTF) and Health Resources and Services Administration (HRSA)</li> </ul>	Use Cost-Sharing for appropriate service (Primary Care Office Visit, Specialist Office Visit, Diagnostic Radiology Services, Laboratory Procedures and Diagnostic Testing)	Use Cost-Sharing for appropriate service (Primary Care Office Visit, Specialist Office Visit, Diagnostic Radiology Services, Laboratory Procedures and Diagnostic Testing)	
<ul> <li>Inpatient Hospital         Services and Birthing         Center</li> </ul>	\$500 Copayment then you pay 0% Coinsurance	30% Coinsurance after Deductible	
	Not subject to Deductible		

PROFESSIONAL SERVICES AND OUTPATIENT CARE (continued)	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Physician and Midwife Services for Delivery	0% Coinsurance after Deductible	30% Coinsurance after Deductible	One (1) Home Care Visit is Covered at no Cost- Sharing if mother is discharged from Hospital early
<ul> <li>Breastfeeding Support, Counseling and Supplies including Breast Pumps, Nursing Bras</li> </ul>	Covered in Full	30% Coinsurance after Deductible	Covered for duration of breast feeding
Postnatal Care     Postnatal Care     provided in accordance     with the     comprehensive     guidelines supported     by USPSTF and HRSAP	Covered in full	30% Coinsurance after Deductible	
<ul> <li>Postnatal Care         Postnatal Care that is             not provided in             accordance with the             comprehensive             guidelines supported             by USPSTF and HRSA     </li> </ul>	0% Coinsurance Not subject to Deductible	30% Coinsurance after Deductible	
Outpatient Hospital Surgery Facility Charge	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
Preadmission Testing	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description

PROFESSIONAL SERVICES AND OUTPATIENT CARE (continued)	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Prescription Drugs Administered in Office or Outpatient Facilities			See benefit for description
Performed in a PCP Office	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed in Specialist Office</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed in Outpatient Facilities</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
Diagnostic Radiology Services • Performed in a PCP Office	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
<ul> <li>Performed in a Specialist Office</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	description
<ul> <li>Performed in a Freestanding Radiology Facility</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed as Outpatient Hospital Services</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
Therapeutic Radiology Services			See benefit for
<ul> <li>Performed in a Specialist Office</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	description
<ul> <li>Performed in a Freestanding Radiology Facility</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
Performed as Outpatient Hospital Services	0% Coinsurance after Deductible	30% Coinsurance after Deductible	

PROFESSIONAL SERVICES AND OUTPATIENT CARE (continued)	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Rehabilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy)			Unlimited visits per Plan Year
Performed in a PCP Office	\$30 Copayment then You pay 0% Not subject to Deductible	30% Coinsurance after Deductible	Speech and physical therapy are only Covered following a Hospital stay or surgery.
Performed in a Specialist Office	\$30 Copayment then You pay 0% Not subject to Deductible	30% Coinsurance after Deductible	
<ul> <li>Performed in an Outpatient Facility</li> </ul>	\$30 Copayment then You pay 0% Not subject to Deductible	30% Coinsurance after Deductible	
Second Opinions on the Diagnosis of Cancer, Surgery & Other	\$30 Copayment then You pay 0% Coinsurance	30% Coinsurance after Deductible	See benefit for description
	Not Subject to Deductible		
Surgical Services (Including Oral Surgery; Reconstructive Breast Surgery; Other			See benefit for description
Reconstructive & Corrective Surgery and Transplants  Inpatient Hospital Surgery	0% Coinsurance after Deductible	30% Coinsurance after Deductible	All transplants must be performed at Designated Facilities
<ul> <li>Outpatient Hospital Surgery</li> </ul>	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
Surgery Performed at an Ambulatory Surgical Center	0% Coinsurance after Deductible	30% Coinsurance after Deductible	
Office Surgery	0% Coinsurance after Deductible	30% Coinsurance after Deductible	

We do not Cover: travel expenses, lodging, meals, or other accommodations for donors or guests; donor fees in connection with organ transplant surgery; or routine harvesting and storage of stem cells from newborn cord blood.

ADDITIONAL SERVICES, EQUIPMENT & DEVICES	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Diabetic Equipment, Supplies & Self-Management Education  Diabetic Equipment and Supplies (30 Day Supply)	\$10 Copayment then You pay 0% Coinsurance	\$10 Copayment then You pay 0% Coinsurance	See benefit for description
Diabetic Education	Not Subject to Deductible  \$30 Copayment then You pay 0% Coinsurance  Not Subject to Deductible	Not Subject to Deductible 30% Coinsurance after Deductible	See benefit for description
Diabetic Insulin (30 Day Supply)	Covered in full	\$10 Copayment then You pay 0% Coinsurance Not Subject to Deductible	See benefit for description
Oral anti-diabetic agents and injectable anti-diabetic agents (30 day supply)  Limitations	Covered in full	\$10 Copayment then You pay 0% Coinsurance Not Subject to Deductible	See benefit for description

#### Limitations

The items will only be provided in amounts that are in accordance with the treatment plan developed by the Physician for You. We Cover only basic models of blood glucose monitors unless You have special needs relating to poor vision or blindness or otherwise Medically Necessary.

Durable Medical Equipment &	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See
Braces			benefit for
			description

We do not Cover: equipment designed for Your comfort or convenience (e.g., pools, hot tubs, air conditioners, saunas, humidifiers, dehumidifiers, exercise equipment), as it does not meet the definition of durable medical equipment.

#### Braces.

We do not Cover: the cost of repair or replacement that is the result of misuse or abuse by You.

External Hearing Aids	0% Coinsurance after Deductible	30% Coinsurance after Deductible	Single
<ul> <li>Prescription Hearing Aids</li> </ul>			purchase once every three (3)
			years
Cochlear Implants	0% Coinsurance after Deductible	30% Coinsurance after Deductible	One (1) per year per plan year

ADDITIONAL SERVICES, EQUIPMENT & DEVICES (continued)	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Hospice Care  Inpatient	0% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited days per Plan Year
Outpatient	0% Coinsurance after Deductible	30% Coinsurance after Deductible	Five (5) visits for family bereave- ment counseling
We do not Cover funeral arrange care.	ements; pastoral, financial, or legal cou	ınseling; or homemaker, caretaker, o	r respite
Medical Supplies	0% Coinsurance after Deductible	30% Coinsurance after Deductible	See benefit for description
We do not Cover over-the-counte	er medical supplies.		
Prosthetic Devices • External	0% Coinsurance after Deductible	30% Coinsurance after Deductible	One (1) prosthetic device, per limb, per Plan Year
• Internal	0% Coinsurance after Deductible	30% Coinsurance after Deductible	Unlimited

We do not Cover wigs made from human hair unless You are allergic to all synthetic wig materials.

We do not Cover dentures or other devices used in connection with the teeth unless required due to an accidental injury to sound natural teeth or necessary due to congenital disease or anomaly.

Eyeglasses and contact lenses are not Covered under this section of the Certificate and are only Covered under the Pediatric Vision Care section of this Certificate.

We do not Cover the cost of repair or replacement covered under warranty or if the repair or replacement is the result of misuse or abuse by You.

We do not Cover shoe inserts.

INPATIENT SERVICES & FACILITIES	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Autologous Blood Banking	0% Coinsurance after the Deductible	30% Coinsurance after the Deductible	See benefit for description
Inpatient Hospital for a Continuous Confinement (Including an Inpatient Stay for Mastectomy Care, Cardiac & Pulmonary Rehabilitation, & End of Life Care)	\$500 Copayment then you pay 0% Coinsurance  Not subject to Deductible	30% Coinsurance after Deductible	See benefit for description
Preauthorization Required. However, Preauthorization is not required for emergency admissions or services provided in a neonatal intensive care unit of a Hospital certified pursuant to Article 28 of the Public Health Law.			
Observation Stay	\$500 Copayment then you pay 0% Coinsurance Not subject to Deductible	30% Coinsurance after Deductible	See benefit for description
Skilled Nursing Facility (Includes Cardiac & Pulmonary Rehabilitation)	\$500 Copayment then you pay 0% Coinsurance Not subject to Deductible	30% Coinsurance after Deductible	Unlimited days per plan year
Inpatient Habilitation Services (Physical Speech and Occupational Therapy)	0% Coinsurance  Not subject to Deductible	30% Coinsurance after Deductible	Unlimited
Inpatient Rehabilitation Services (Physical, Speech & Occupational therapy)	0% Coinsurance Not subject to Deductible	30% Coinsurance after Deductible	Unlimited Speech and physical therapy are only Covered following a Hospital stay or surgery

MENTAL HEALTH & SUBSTANCE USE DISORDER SERVICES	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Inpatient Mental Health Care for a continuous confinement when in a Hospital (including Residential Treatment)	\$500 Copayment then you pay 0% Coinsurance Not subject to Deductible	30% Coinsurance after Deductible	See benefit for description
Preauthorization Required. However, Preauthorization is not required for emergency admissions or for admissions at Participating Hospitals or crisis residence facilities licensed or operated by OMH			
Outpatient Mental Health Care (Including Partial Hospitalization & Intensive Outpatient Program Services)			See benefit for description
Office Visits	\$30 Copayment then you pay 0% Coinsurance Not subject to Deductible	30% Coinsurance after Deductible	
Outpatient Mental Health Care (Including Partial Hospitalization & Intensive Outpatient Program Services) (continued)			
<ul> <li>All Other Outpatient Services</li> </ul>	0% Coinsurance Not subject to Deductible	30% Coinsurance after Deductible	
ABA Treatment for Autism Spectrum Disorder	0% Coinsurance Not Subject to Deductible	30% Coinsurance after Deductible	See benefit for description
Assistive Communication Devices for Autism Spectrum Disorder	0% Coinsurance  Not subject to Deductible  ny services or treatment set forth abo	30% Coinsurance after Deductible	See benefit for description

**Limitations.** We do not Cover any services or treatment set forth above when such services or treatment are provided pursuant to an individualized education plan under the New York Education Law. The provision of services pursuant to an individualized family service plan under Section 2545 of the New York Public Health Law, an individualized education plan under Article 89 of the New York Education Law, or an individualized service plan pursuant to regulations of the New York State Office for People With Developmental Disabilities shall not affect coverage under this Certificate for services provided on a supplemental basis outside of an educational setting if such services are prescribed by a licensed Physician or licensed psychologist

SUBSTANCE USE DISORDER SERVICES (continued)  Inpatient Substance Use Services for a continuous confinement when in a Hospital (including Residential Treatment)  Preauthorization Required. However, Preauthorization is not required for Emergency Admissions or for Participating Facilities licensed, certified or otherwise authorized by OASAS.  Outpatient Substance Use Services (including Partial Hospitalization, Intensive Outpatient Program Services, and Medication Assisted Treatment)  • Office Visits  • Opioid Treatment Programs  • All Other Outpatient Services Responsibility for Cost-Sharing Member Responsibility for Cost-Sharing  See Denefit for description description description and the policy of the program for Participating and the policy of the Sharing  30% Coinsurance after Deductible Denefit for description descripti	NATIONAL LIENTAL DU O		N	
Inpatient Substance Use Services for a continuous confinement when in a Hospital (including Residential Treatment)  Preauthorization Required. However, Preauthorization is not required for Emergency Admissions or for Participating Facilities licensed, certified or otherwise authorized by OASAS.  Outpatient Substance Use Services (including Partial Hospitalization, Intensive Outpatient Program Services, and Medication Assisted Treatment)  Office Visits  Sa) Copayment then you pay O% Coinsurance Not subject to Deductible  30% Coinsurance after Deductible  Up to twenty (20) visits a plan year may be used for family counseling  30% Coinsurance after Deductible  Covered in full  O% Coinsurance Not subject to Deductible  All Other Outpatient Services Preauthorization Required However, Preauthorization is not required for Participating	MENTAL HEALTH &	Participating Provider Member	Non-Participating Provider	Limits
Inpatient Substance Use   Services for a continuous confinement when in a Hospital (including Residential Treatment)   Not subject to Deductible   See benefit for description		Responsibility for Cost-Snaring	•	
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	OASAS-certified Facilities.			

PRESCRIPTION DRUGS	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-	Limits
Prescription Drugs are not		Sharing	
subject to Cost-Sharing when			
provided in accordance with the			
comprehensive guidelines			
supported by Health Resources			
and Services Administration			
(HRSA) or if the item or service			
has an "A" or "B" rating from the			
United States Preventive			
Services Task Force (USPSTF) and			
obtained at a participating			
pharmacy			

**Cost-Sharing Expenses.** You are responsible for paying the costs outlined in the Schedule of Benefits section of this Certificate when Covered Prescription Drugs are obtained from a retail or mail order pharmacy.

You have a one three (3) tier plan design, which means that Your out-of-pocket expenses will generally be lowest for Prescription Drugs on tier 1 and highest for Prescription Drugs on tier 3. Your out-of-pocket expense for Prescription Drugs on tier 2 will generally be more than for tier 1 but less than tier 3.

Preauthorization is not required for a Covered Prescription Drug used to treat a substance use disorder, including a Prescription Drug to manage opioid withdrawal and/or stabilization and for opioid overdose reversal.

Retail Pharmacy			
30-day supply			See benefit for
Tier 1	\$15 Copayment	\$15 Copayment	description
	Not subject to Deductible	Not subject to Deductible	
Tier 2	\$50 Copayment	\$50 Copayment	
	Not subject to Deductible	Not subject to Deductible	
Tier 3	\$75 Copayment	\$75 Copayment	
	Not subject to Deductible	Not subject to Deductible	

Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider  Member Responsibility for Cost- Sharing	Limits
\$37.50 Copayment then You pay 0%	Non-Participating Provider Services Are Not Covered and You Pay the Full Cost	See benefit for description
Not subject to Deductible		
\$125 Copayment then You pay 0%  Not subject to Deductible	Non-Participating Provider Services Are Not Covered and You Pay the Full Cost	
,		
\$187.50 Copayment then You pay 0%	Non-Participating Provider Services Are Not Covered and You Pay the Full Cost	
Not subject to Deductible		See
\$15 Copayment	\$15 Copayment	benefit for description
Not subject to Deductible	Not subject to Deductible	
\$50 Copayment	\$50 Copayment	
Not subject to Deductible	Not subject to Deductible	
\$75 Copayment	\$75 Copayment	
Not subject to Deductible	Not subject to Deductible	
	\$37.50 Copayment then You pay 0%  Not subject to Deductible  \$125 Copayment then You pay 0%  Not subject to Deductible  \$187.50 Copayment then You pay 0%  Not subject to Deductible  \$15 Copayment  Not subject to Deductible  \$50 Copayment  Not subject to Deductible  \$50 Copayment  Not subject to Deductible  \$75 Copayment	Responsibility for Cost-Sharing  \$37.50 Copayment then You pay 0% Not subject to Deductible  \$125 Copayment then You pay 0% Not subject to Deductible  \$187.50 Copayment then You pay 0% Not subject to Deductible  \$187.50 Copayment then You pay 0% Not subject to Deductible  \$187.50 Copayment then You pay 0% Not subject to Deductible  \$187.50 Copayment then You pay 0% Not subject to Deductible  \$15 Copayment Not subject to Deductible

# Limitations/Terms of Coverage.

- 1. We reserve the right to limit quantities, day supply, early Refill access and/or duration of therapy for certain medications based on Medical Necessity including acceptable medical standards and/or FDA recommended guidelines.
- 2. If We determine that You may be using a Prescription Drug in a harmful or abusive manner, or with harmful frequency, Your selection of Participating Pharmacies and prescribing Providers may be limited. If this happens, We may require You to select a single Participating Pharmacy and a single Provider that will provide and coordinate all future pharmacy services. Benefits will be paid only if You use the selected single Participating Pharmacy. Benefits will be paid only if Your Prescription Order or Refills are written by the selected Provider or a Provider authorized by Your selected provider. If You do not make a selection within 31 days of the date We notify You, We will select a single Participating Pharmacy and/or prescribing Provider for You.
- 3. Compounded Prescription Drugs will be Covered only when they contain at least one (1) ingredient that is a Covered legend Prescription Drug, they are not essentially the same as a Prescription Drug from a manufacturer and are obtained from a pharmacy that is approved for compounding.
- 4. Various specific and/or generalized "use management" protocols will be used from time to time in order to ensure appropriate utilization of medications. Such protocols will be consistent with standard medical/drug treatment guidelines. The primary goal of the protocols is to provide Our Members with a quality-focused Prescription Drug benefit. In the event a use management protocol is implemented, and You are taking the drug(s) affected by the protocol, You will be notified in advance.
- 5. Injectable drugs (other than self-administered injectable drugs) and diabetic insulin, oral hypoglycemics, and diabetic supplies and equipment are not Covered under this section but are Covered under other sections of this Certificate.
- 6. We do not Cover charges for the administration or injection of any Prescription Drug. Prescription Drugs given or administered in a Physician's office are Covered under the Outpatient and Professional Services section of this Certificate.
- 7. We do not Cover drugs that do not by law require a prescription, except for smoking cessation drugs, over-the-counter preventive drugs or devices provided in accordance with the comprehensive guidelines supported by HRSA or with an "A" or "B" rating from USPSTF, or as otherwise provided in this Certificate. We do not Cover Prescription Drugs that have over-the-counter non-prescription equivalents, except if specifically designated as Covered in the drug Formulary. Non-prescription equivalents are drugs available without a prescription that have the same name/chemical entity as their prescription counterparts. We do not Cover repackaged products such as therapeutic kits or convenience packs that contain a Covered Prescription Drug unless the Prescription Drug is only available as part of a therapeutic kit or convenience pack. Therapeutic kits or convenience packs contain one or more Prescription Drug(s) and may be packaged with over-the-counter items, such as glove, finger cots, hygienic wipes or topical emollients.
- 8. We do not Cover Prescription Drugs to replace those that may have been lost or stolen.
- 9. We do not Cover Prescription Drugs dispensed to You while in a Hospital, nursing home, other institution, Facility, or if You are a home care patient, except in those cases where the basis of payment by or on behalf of You to the Hospital, nursing home, Home Health Agency or home care services agency, or other institution, does not include services for drugs.
- 10. We reserve the right to deny benefits as not Medically Necessary or experimental or investigational for any drug prescribed or dispensed in a manner contrary to standard medical practice. If coverage is denied, You are entitled to an Appeal as described in the Utilization Review and External Appeal sections of this Certificate.
- 11. A pharmacy need not dispense a Prescription Order that, in the pharmacist's professional judgment, should not be filled.

WELLNESS BENEFITS	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Exercise Facility Reimbursement	Up to \$200 per six (6) month period		

Reimbursement is limited to actual workout visits. We do not reimburse:

- Memberships in tennis clubs, country clubs, weight loss clinics, spas or any other similar facilities;
- Lifetime memberships;
- Equipment, clothing, vitamins or other services that may be offered by the facility (e.g., massages, etc.); or
- Services that are amenities, such as a gym, that are included in Your rent or homeowners association fees.

In order to be eligible for reimbursement, You must:

- Be an active member of the exercise facility, and
- Complete 50 visits in a six (6)-month period.

Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
		One (1)
to 5	t35.6	dental
		exam &
Consurance	Consurance	cleaning
Not Subject to Deductible	Not Subject to Deductible	per six (6)-
		month
\$100 Copayment then You pay 0%	\$100 Copayment then You pay 0%	period
Coinsurance	Coinsurance	F
		Full mouth
Not Subject to Deductible	Not Subject to Deductible	x-rays or
\$250 Conayment then You pay 0%	\$250 Conayment then You hav 0%	panoramic
, -		x-rays at
3033	3033.333	thirty-six
Not Subject to Deductible	Not Subject to Deductible	(36) month
		intervals
50% Coinsurance	50% Coinsurance	and
	3070 3011.3013.1.00	bitewing x-
Not Subject to Deductible	Not Subject to Deductible	rays at six
		(6) month
		intervals
	\$35 Copayment then You pay 0% Coinsurance  Not Subject to Deductible  \$100 Copayment then You pay 0% Coinsurance  Not Subject to Deductible  \$250 Copayment then You pay 0% Coinsurance  Not Subject to Deductible  \$250 Copayment then You pay 0% Coinsurance  Not Subject to Deductible  50% Coinsurance	\$35 Copayment then You pay 0% Coinsurance  Not Subject to Deductible  \$100 Copayment then You pay 0% Coinsurance  Not Subject to Deductible  \$100 Copayment then You pay 0% Coinsurance  Not Subject to Deductible  Not Subject to Deductible  \$250 Copayment then You pay 0% Coinsurance  Not Subject to Deductible  \$250 Copayment then You pay 0% Coinsurance  Not Subject to Deductible  \$250 Copayment then You pay 0% Coinsurance  Not Subject to Deductible  Not Subject to Deductible  50% Coinsurance

PEDIATRIC DENTAL & VISION CARE	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost- Sharing	Limits
Pediatric Vision Care			One (1)
• Exams	\$20 Copayment then You pay 0% Coinsurance	30% Coinsurance	exam per twelve (12)- month
	Not Subject to Deductible	Not subject to Deductible	period
• Lenses & Frames	\$40 Copayment then You pay 0% Coinsurance	30% Coinsurance	One (1) prescribed
	Not Subject to Deductible	Not subject to Deductible	lenses & frames per
Contact Lenses	\$40 Copayment then You pay 0% Coinsurance	30% Coinsurance	twelve (12)- month period
	Not Subject to Deductible	Not subject to Deductible	

All in-network Preauthorization requests are the responsibility of Your Participating Provider. You will not be penalized for a Participating Provider's failure to obtain a required Preauthorization. However, if services are not covered under the Certificate, You will be responsible for the full cost of the services.

# **Travel Assistance Services**

Complete benefit information is found in the Certificate of Coverage.

OTHER COVERED SERVICES	Authorized Vendor Approved Services Member Responsibility for Cost-Sharing
<b>Emergency Medical Evacuation</b>	0% Coinsurance of actual cost not subject to Deductible
Medical Repatriation	0% Coinsurance of actual cost not subject to Deductible
Transportation to Join a	0% Coinsurance of actual cost not subject to Deductible
Hospitalized Member	
Return of Minor Children	0% Coinsurance of actual cost not subject to Deductible
Repatriation of Mortal Remains	0% Coinsurance of actual cost not subject to Deductible

Accidental Death and Dismemberment Benefits	
Loss	Benefit Amount
Life	\$10,000
Loss of Two or More Hands or Feet	\$10,000
Loss of Use of Two or More Hands or Feet	\$10,000
Loss of Sight in Both Eyes	\$10,000
Loss of Speech and Hearing (in Both Ears).	
Loss of one Hand or Foot and Sight in One	Eye\$10,000
Loss of One Hand or Foot	\$5,000
Loss of Sight in One Eye	\$5,000
Loss of Speech	
Loss of Hearing (in Both Ears)\$2,500	
Loss of Thumb and Index Finger on the Same Hand\$2,500	
Loss of all Four Fingers on the Same Hand\$2,500	
Loss of all Toes on the Same Foot\$2,500	
Loss of Thumb	\$2,500

#### **Exclusions**

No coverage is available under the certificate for the following:

#### Aviation.

We do not Cover services arising out of aviation, other than as a fare-paying passenger on a scheduled or charter flight operated by a scheduled airline.

#### **Convalescent and Custodial Care.**

We do not Cover services related to rest cures, custodial care or transportation. "Custodial care" means help in transferring, eating, dressing, bathing, toileting and other such related activities. Custodial care does not include Covered Services determined to be Medically Necessary.

# **Conversion Therapy.**

We do not Cover conversion therapy. Conversion therapy is any practice by a mental health professional that seeks to change the sexual orientation or gender identity of a Member under 18 years of age, including efforts to change behaviors, gender expressions, or to eliminate or reduce sexual or romantic attractions or feelings toward individuals of the same sex. Conversion therapy does not include counseling or therapy for any individual who is seeking to undergo a gender transition or who is in the process of undergoing a gender transition, that provides acceptance, support and understanding of an individual or the facilitation of an individual's coping, social support, and identity exploration and development, including sexual orientation-neutral interventions to prevent or address unlawful conduct or unsafe sexual practices, provided that the counseling or therapy does not seek to change sexual orientation or gender identity.

#### **Cosmetic Services.**

We do not Cover cosmetic services, Prescription Drugs, or surgery, unless otherwise specified, except that cosmetic surgery shall not include reconstructive surgery when such service is incidental to or follows surgery resulting from trauma, infection or diseases of the involved part, and reconstructive surgery because of congenital disease or anomaly of a covered Child which has resulted in a functional defect. We also Cover services in connection with reconstructive surgery following a mastectomy, as provided elsewhere in this Certificate. Cosmetic surgery does not include surgery determined to be Medically Necessary. If a claim for a procedure listed in 11 NYCRR 56 (e.g., certain plastic surgery and dermatology procedures) is submitted retrospectively and without medical information, any denial will not be subject to the Utilization Review process in the Utilization Review and External Appeal sections of this Certificate unless medical information is submitted.

#### **Coverage Outside of the United States, Canada or Mexico.**

We do not Cover care or treatment provided outside of the United States, its possessions, Canada or Mexico except for Emergency Services, Pre-Hospital Emergency Medical Services and ambulance services to treat Your Emergency Condition.

#### **Dental Services.**

We do not Cover dental services except for care or treatment due to accidental injury to sound natural teeth within 12 months of the accident; dental care or treatment necessary due to congenital disease or anomaly; or dental care or treatment specifically stated in the Outpatient and Professional Services and Pediatric Dental Care sections of this Certificate.

#### **Experimental or Investigational Treatment.**

We do not Cover any health care service, procedure, treatment, device or Prescription Drug that is experimental or investigational. However, we will Cover experimental or investigational treatments, including treatment for Your rare disease or patient costs for Your participation in a clinical trial as described in the Outpatient and Professional Services section of this Certificate, when Our denial of services is overturned by an External Appeal Agent certified by the State. However, for clinical trials, we will not Cover the costs of any investigational drugs or devices, non-health services required for You to receive the treatment, the costs of managing the research, or costs that would not be Covered under this Certificate for non-investigational treatments. See the Utilization Review and External Appeal sections of this Certificate for a further explanation of Your Appeal rights.

#### **Felony Participation.**

We do not Cover any illness, treatment or medical condition due to Your participation in a felony, riot or insurrection. This exclusion does not apply to Coverage for services involving injuries suffered by a victim of an act of domestic violence or for services as a result of Your medical condition (including both physical and mental health conditions).

#### Foot Care.

We do not Cover routine foot care in connection with corns, calluses, flat feet, fallen arches, weak feet, chronic foot strain or symptomatic complaints of the feet. However, we will Cover foot care when You have a specific medical condition or disease resulting in circulatory deficits or areas of decreased sensation in Your legs or feet.

#### **Government Facility.**

We do not Cover care or treatment provided in a Hospital that is owned or operated by any federal, state or other governmental entity, except as otherwise required by law unless You are taken to the Hospital because it is close to the place where You were injured or became ill and Emergency Services are provided to treat Your Emergency Condition.

#### Medically Necessary.

In general, we will not Cover any health care service, procedure, treatment, test, device or Prescription Drug that We determine is not Medically Necessary. If an External Appeal Agent certified by the State overturns Our denial, however, we will Cover the service, procedure, treatment, test, device or Prescription Drug for which coverage has been denied, to the extent that such service, procedure, treatment, test, device or Prescription Drug is otherwise Covered under the terms of this Certificate.

#### Medicare or Other Governmental Program.

We do not Cover services if benefits are provided for such services under the federal Medicare program or other governmental program (except Medicaid). When You are enrolled for Medicare, We will reduce Our benefits by the amount Medicare pays for Covered Services. Benefits for Covered Services will not be reduced if We are required by federal law to pay first or if You are not enrolled for premium-free Medicare.

#### Military Service.

We do not Cover an illness, treatment or medical condition due to service in the Armed Forces or auxiliary units.

#### No-Fault Automobile Insurance.

We do not Cover any benefits to the extent provided for any loss or portion thereof for which mandatory automobile no-fault benefits are recovered or recoverable. This exclusion applies even if You do not make a proper or timely claim for the benefits available to You under a mandatory no-fault policy.

#### Services Not Listed.

We do not Cover services that are not listed in this Certificate as being Covered.

#### Services Provided by a Family Member.

We do not Cover services performed by a covered person's immediate family member. "Immediate family member" means a child, stepchild, spouse, parent, stepparent, sibling, stepsibling, parent-in-law, child-in-law, sibling-in-law, grandparent, grandparent's spouse, grandchild, or grandchild's spouse.

#### Services Separately Billed by Hospital Employees.

We do not Cover services rendered and separately billed by employees of Hospitals, laboratories or other institutions.

#### Services with No Charge.

We do not Cover services for which no charge is normally made.

#### **Vision Services.**

We do not Cover the examination or fitting of eyeglasses or contact lenses, except as specifically stated in the Pediatric Vision Care section(s) of this Certificate.

#### War.

We do not Cover an illness, treatment or medical condition due to war, declared or undeclared.

# Workers' Compensation.

We do not Cover services if benefits for such services are provided under any state or federal Workers' Compensation, employers' liability or occupational disease law.

The New York College of Podiatric Medicine Student Health Insurance Plan is underwritten by Aetna Life Insuran Company. Aetna Student Health <sup>sm</sup> is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).	

#### **Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit <a href="http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx">http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx</a>.

# **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call the number listed on your ID card at no cost.

# **Smartphone or Tablet**

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

#### **Non-Discrimination**

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Aetna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

#### Aetna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - o Information written in other languages

If you need these services, contact our Civil Rights Coordinator.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, PO Box 14462, Lexington, KY 40512, 1-800-648-7817, TTY 711, Fax 859-425-3379, CRCoordinator@aetna.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

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affiliates.	
subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and the	
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	•

# Language accessibility statement

# TTY: **711**

English	To access language services at no cost to you, call the number on your ID card.
Amharic	የቋንቋ አገልግሎቶችን ያለከፍያ ለማግኘት፣ በመታወቂያዎት ላይ ያለውን ቁጥር ይደውሉ፡፡
Arabic	للحصول على الخدمات اللغوية دون أي تكلفة، الرجاء الاتصال على الرقم الموجود على بطاقة اشتر اكك
Armenian	Ձեր նախընտրած լեզվով ավվճար խորհրդատվություն՝ ստանալու համար զանգահարեք ձեր բժշկական ապահովագրության քարտի վրա նշված հէրախոսահամարով հէրախոսահամարով
Carolinian (Kapasal Falawasch)	Ngir mëna am sarwis lakk yi te doo fay, woo nimero bi am ci sa kàrt.
Chamorro	Para un hago' i setbision lengguåhi ni dibåtde para hågu, ågang i numiru gi iyo-mu kard aidentifikasion.
Chinese Traditional	如欲使用免費語言服務,請撥打您健康保險卡上所列的電話號碼
Cushitic-Oromo	Tajaajiiloota afaanii gatii bilisaa ati argaachuuf, lakkoofsa fuula waraaqaa eenyummaa (ID) kee irraa jiruun bilbili.
French	Pour accéder gratuitement aux services linguistiques, veuillez composer le numéro indiqué sur votre carte d'assurance santé.
French Creole (Haitian)	Pou ou jwenn sèvis gratis nan lang ou, rele nimewo telefòn ki sou kat idantifikasyon asirans sante ou.
German	Um auf den für Sie kostenlosen Sprachservice auf Deutsch zuzugreifen, rufen Sie die Nummer auf Ihrer ID-Karte an.
Greek	Για πρόσβαση στις υπηρεσίες γλώσσας χωρίς χρέωση, καλέστε τον αριθμό στην κάρτα ασφάλισής σας.
Gujarati	તમારે કોઇ પણ જાતના ખર્ચ વિના ભાષા સેવાઓ મેળવવા માટે, તમારા આઇડી કાર્ડ પર રહેલ નંબર પર કૉલ કરવો.
Hindi	बिना किसी कीमत के भाषा सेवाओं का उपयोग करने के लिए, अपने आईडी कार्ड पर दिए नंबर पर कॉल करें।
Hmong	Yuav kom tau kev pab txhais lus tsis muaj nqi them rau koj, hu tus naj npawb ntawm koj daim npav
Italian	Per accedere ai servizi linguistici senza alcun costo per lei, chiami il numero sulla tessera identificativa.
Japanese	無料の言語サービスは、IDカードにある番号にお電話ください。
Korean	무료 다국어 서비스를 이용하려면 보험 ID 카드에 수록된 번호로 전화해 주십시오.
Laotian	ເພື່ອເຂົ້າເຖິງບໍລິການພາສາທີ່ບໍ່ເສຍຄ່າ, ໃຫ້ໂທຫາເບີໂທຢູ່ໃນບັດປະຈຳຕົວຂອງທ່ານ.
Mon-Khmer, Cambodian	ដើម្បីទទួលបានសេវាកម្មភាសាដែលឥតគិតថ្លៃសម្រាប់លោកអ្នក សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្គាល់ខ្លួនរបស់លោកអ្នក។
Mon-Khmer, Cambodian	ដើម្បីទទួលបានសេវាកម្មភាសាដែលឥតគិតថ្លៃសម្រាប់លោកអ្នក សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្គាល់ខ្លួនរបស់លោកអ្នក។ T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 7l7n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'.
•	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្គាល់ខ្លួនរបស់លោកអ្នក។ T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 7l7n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee
Navajo	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណស់់ ្អាល់ខ្លួនរបស់លោកអ្នក។ T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 7l7n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'.
Navajo Pennsylvanian-Dutch	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្គាល់ខ្លួនរបស់លោកអ្នក។ T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 7l7n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'. Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.
Navajo Pennsylvanian-Dutch Persian-Farsi	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្គាល់ខ្លួនរបស់លោកអ្នក។  T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 7l7n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'.  Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.  برای دسترسی به خدمات زبان به طور رایگان، با شماره قید شده روی کارت شناسایی خود تماس بگیرید.  Aby uzyskać dostęp do bezpłatnych usług językowych, należy zadzwonić pod numer podany na
Navajo Pennsylvanian-Dutch Persian-Farsi Polish	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្អាល់ខ្លួនរបស់លោកអ្នក។  T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 717n7g00 naaltsoos bee atah n7198go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'.  Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.  அத்த மிர் மான்ற அத்த விரும் கான்ற கூரியின்ற கூரியின
Navajo  Pennsylvanian-Dutch  Persian-Farsi  Polish  Portuguese	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្អាល់ខ្លួនរបស់លោកអ្នក។  T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 7l7n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'.  Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.  அத்த மான்ற அத்த மான்ற கூரியின்ற
Navajo  Pennsylvanian-Dutch  Persian-Farsi  Polish  Portuguese  Punjabi	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្អាល់ខ្លួនរបស់លោកអ្នក។  T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 717n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'.  Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.  . برای دسترسی به خدمات زبان به طور رایگان، با شماره قید شده روی کارت شناسایی خود تماس بگیرید.  Aby uzyskać dostęp do bezpłatnych usług językowych, należy zadzwonić pod numer podany na karcie identyfikacyjnej.  Para aceder aos serviços linguísticos gratuitamente, ligue para o número indicado no seu cartão de identificação.  ਤੁਹਾਡੇ ਲਈ ਬਿਨਾਂ ਕਿਸੇ ਕੀਮਤ ਵਾਲੀਆਂ ਪੰਜਾਬੀ ਸੇਵਾਵਾਂ ਦੀ ਵਰਤੋਂ ਕਰਨ ਲਈ, ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ 'ਤੇ ਦਿੱਤੇ ਨੰਬਰ 'ਤੇ ਫ਼ੋਨ ਕਰੋ।  Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону, приведенному на
Navajo  Pennsylvanian-Dutch  Persian-Farsi  Polish  Portuguese  Punjabi  Russian	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្អាល់ខ្លួនរបស់លោកអ្នក។  T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 7l7n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'.  Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.  . பார் மார் மார் மார் மார் மார் மார் மார் ம
Navajo  Pennsylvanian-Dutch  Persian-Farsi  Polish  Portuguese  Punjabi  Russian  Samoan	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្គាល់ខ្លួនរបស់លេកអ្នក។  T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 717n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'.  Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.  . អ្នរប្រស់លេកម្មការ មិខេត្ត mitaus Koscht, ruff die Nummer uff dei ID Kaart.  Aby uzyskać dostęp do bezpłatnych usług językowych, należy zadzwonić pod numer podany na karcie identyfikacyjnej.  Para aceder aos serviços linguísticos gratuitamente, ligue para o número indicado no seu cartão de identificação.  ਤੁਹਾਡੇ ਲਈ ਬਿਨਾਂ ਕਿਸੇ ਕੀਮਤ ਵਾਲੀਆਂ ਪੰਜਾਬੀ ਸੇਵਾਵਾਂ ਦੀ ਵਰਤੋਂ ਕਰਨ ਲਈ, ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ 'ਤੇ ਦਿੱਤੇ ਨੰਬਰ 'ਤੇ ਫ਼ੋਨ ਕਰੋ।  Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону, приведенному на вашей идентификационной карте.  Мо le mauaina o 'au'aunaga tau gagana e aunoa ma se totogi, vala'au le numera i luga o lau pepa ID.
Navajo  Pennsylvanian-Dutch  Persian-Farsi  Polish  Portuguese  Punjabi  Russian  Samoan  Serbo-Croatian	សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្អាល់ខ្លួនរបស់លេកអ្នក។  T'11 ni nizaad k'ehj7 bee n7k1 a'doowo[ doo b33h 717n7g00 naaltsoos bee atah n7l98go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bik1'7g77 1aj8' h0lne'.  Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.  . பி மா

Thai	หากท่านต้องการเข้าถึงการบริการทางด้านภาษาโดยไม่มีค่าใช้จ่าย โปรดโทรหมายเลขที่แสดงอยู่บนบัตรประจำตัวของท่าน
Ukrainian	Щоб безкоштовнј отримати мовні послуги, задзвоніть за номером, вказаним на вашій ідентифікайній картці.
Vietnamese	Để sử dụng các dịch vụ ngôn ngữ miễn phí, vui lòng gọi số điện thoại ghi trên thẻ ID của quý vị.

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